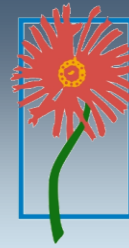


# NORTHERNS CRICKET UNION • KRIEKET UNIE



CRICKET  
SOUTH AFRICA

## The Leading Edge

Volume 33 – March 2019

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## INTRODUCTION



Welcome to the new year edition of The Leading Edge. This is the last edition for the season and we are very excited to share some highlights since our last edition in December 2018.

The CEO's gives a foreword address on this edition where he outlines and gives feedback on the developments and successes in our organization.

KFC Mini Cricket continues to honor the excellence of the volunteer Coaches that are going the extra mile within the program. The test match festival was also a huge success and the kids had so much fun on the day. Congratulations to Ekhasini Primary school from Atteridgeville for their KFC mini cricket award.

The Northerns Framework Coaches give us the roundup of their programs and other achievements. It must be said that they have done exceptionally well in working with our talented young cricketers within the system. Their hard work and dedication do not go unnoticed. The PPP Framework squads have been identified and we give you a list of players that have been fortunate enough to make it to the list. There is also a monitoring tool in place for the players that are not on the PPP squads.

In South Africa we are known for producing genuine fast bowlers. The coaching article on fast bowlers gives an insight on how to develop them. This is a very good read especially for the Coaches that aspire to produce good quality fast bowlers or that are already working with them. We also look at an insightful article by Chris Rodgers. He shares his ideas on the art of batsmanship. We trust these articles will add value in your coaching toolbox.

The Club Cricket league has gained full momentum as we slowly approach the business end of the season. We share the log standings from the different divisions and you could see that we are up for the interesting finish. We also give you the top 10 individual performances from the batting and bowling perspective.

Hanging up the boots is not an easy thing for any player however, we salute Albie Morkel for the great years of excellent service to the Titans Family. We could only wish him all the best for the future and we thank him for all the wonderful memories on and off the field.

The Northerns Senior Provincial Team has been very clinical in their performances winning 8 out of 9 one day matches. This feat has propelled them to secure the spot in the final of this competition. The credit must also go to the coaching staff, JP Triegaardt & Peter Harold for their outstanding work that they have done to take the team to this great position.

The Umpires and the Scorers have also been kept busy throughout this summer and they have done well to handle the pressure of choker block fixtures that needed to be officiated. The recruitment base for these two critical departments have been good and we commend the respective Trainers for continuously conducting training for new people.

The ICC Cricket World Cup is around the corner and we share with you all the fixtures for the Proteas. We wish our boys all the best and we will be watching this tournament with great anticipation.

The Multiply Titans are in action in the Momentum One Day Cup and we trust that this will be a very good campaign for our team as they put behind their disappointment in the recently completed 4-day series.

We trust that you will have a good cricket season further and we will catch up once again on this platform next time.

# Coaches Newsletter



## THE CEO ADDRESS

DR JACQUES FAUL



We're at the start of a new year and half-way through the cricket season and there is no denying it has been an eventful summer so far.

Mark Boucher has faced his toughest season at the helm with last year's Sunfoil Series winners languishing at the bottom of the table this season. And while results might not have gone the team's way, there were a number of stand-out individual performances. One player in particular, Jonathan Vandiar, made his first-class return, and did so in style, finishing the Titans leading run-scorer with 449 runs.

Attention has shifted to the shorter format, and with the culture of togetherness the pillar of the Sky Blues dressing room, Boucher's men will be hoping for change of fortunes with the white ball.

Led by Heinrich Klaasen, the Titans opened their Momentum One-Day Cup campaign with an emphatic nine-wicket win against the VKB Knights, at home.

Klaasen's appointment followed the announcement of Albie Morkel's retirement from all forms of competitive cricket. We will bid one final farewell to the legendary allrounder on Sunday, 17 March, when we host Nottinghamshire County Cricket Club in a 50-over match at Cornwall Hill College. The match will form part of the English Club's pre-season preparations.

The Sky Blues will no doubt take inspiration from the eta Northerns Seniors, who are currently flourishing in their 50-over competition, with a staggering eight wins from a possible nine. Placed at the summit of Pool B, the Daisies have secured a place in the Finals.

While our pipeline has become synonymous with churning out national players, it was with great pride that we celebrated Laura Agenbag on becoming the first-ever South African women's umpire to stand in a T20 International. The Northerns Cricket Umpire Association graduate officiated the opening match between South Africa and Sri Lanka, at PPC Newlands.

From Cape Town to Centurion, where spectators and cricket enthusiasts have enjoyed a bumper summer of cricket, across the domestic and international arena. SuperSport Park not only welcomed the Tshwane Spartans in the inaugural edition of the Mzansi Super League, but hosted its first-ever Boxing Day Test and received a glowing endorsement from the national skipper.

"I think it was a huge success," Faf Du Plessis said after South Africa beat Pakistan by six wickets.

"There were a lot of questions marks about the number of people around at this time of the year but that first day with the sold out crowd had an unbelievable atmosphere. I think this venue has some legs to continue in the future as a Boxing Day Test. We also play well as a team here, we win here, very well done to SuperSport Park."

SuperSport Park is the jewel in Centurion's cricketing crown, however, the multi-use of our stadium is not far from our agenda. In April, we will welcome industry leaders from around the country for the ever-popular Stadium and Facilities Conference. Hosted over three days, the conference creates a platform for shared insights into the administration and management of sports stadia and sports facilities through panel sessions on key themes.

As we strive to be better and more dynamic as a stadium and organization, we are guided by the hard work of our Northerns Cricket Union staff. With that in mind, I would like to welcome our newest member and Youth Coordinator, Lineze Wilson.

Without the continued support from our loyal sponsors and partners, members, affiliates our successes and developments would not be possible. Thank you and we're looking forward to 2019!



## KFC MINI CRICKET



### KFC MINI CRICKET COACHES OF THE MONTH

KFC continues to honor the coaches that are doing an excellent job within the grassroots level. This is to ensure that the passion, commitment and hard work is rewarded for these voluntary coaches. This recognition is something that goes a long way for our Coaches as it reenergizes them to play more matches, conduct more coaching sessions and participate more in Regional and Provincial festivals. They are also our eyes when it comes to the talent identification in the program.

This month we salute and congratulate Mrs Grace Hobyani and Miss Chanté Wentzel who are both from Eersterust and Lindile Mbokazi from Atteridgeville. They have done a sterling job within the program and we sincerely appreciate their contribution in the KFC Mini Cricket program in our Province. They received R150 KFC Voucher and the certificate as a token of appreciation for their hard work and dedication.



### KFC MINI CRICKET TEST MATCH FESTIVAL

SuperSport Park hosted their first Boxing day test the match was between South Africa and Pakistan on 26 December 2018 and we were very excited with it as it meant that there was going to be an opportunity for KFC Mini cricketers to participate in the test match festival. We had 150 kids from Mamelodi, Atteridgeville and Centurion participating and thank you to all the Coordinators for their continuous support to make this event successful.



### KFC MINI CRICKET SCHOOL OF THE TERM AWARD



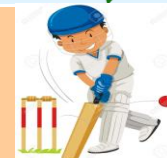
Eskhisini Primary School was awarded the Atteridgeville School of the term for January/ February. Their commitment towards the game of mini cricket has led them to be handed this special award.

**CONGRATULATIONS!!!**





## FRAMEWORK COACHING PROGRAM REPORTS



### **ONKE MTSIBA : UNDER 13 REPORT**

The U13 boys had a good week in Benoni where they managed to play 5 matches win 3 lose 1 and drew 1. This performance was better than last year which is a good sign. I thank the entire team management for their support and contribution to prepare for the team for the Week.

The Identified Player Squad was selected with the u11,12 and u13 coaches and selectors taking part in this process. 17 players were identified with a possibility of adding 3 more over the next few months. There are 5 black African batters identified in the squad The HUB players practice at their HUBs and the players in city schools practice at Supersport park.

The scouting program is also being conducted from our small English and Afrikaans schools. A lot of these schools are in close proximity with our Focus High Schools therefore they will become strong feeders to them.

We held the U11 trials on the 23rd of February at Supersport Park. This program and the trials are aimed at identifying young players from the small schools that might have potential but don't practice enough and they play very few matches.

The trials were successful, and we managed to identify potential players that will start practicing with the identified PPP squad. We trust that these players will cease this opportunity and develop more as cricketers moving forward. We also expect that they go back to their schools and set benchmarks for other players that aspire to be part of this program.

### **THABANG KUMALO: UNDER 15 & UNDER 17 REPORT**

During the December schools holidays the various provincial team departed for their National weeks held at various places, the under 15 in Stellenbosch and the under 17 in Durban, the arrangements went well, and the teams were well accommodated in their venues. The hosting affiliates made sure the standard was good and all went smooth during the week-long tournaments.



Our under 17 team had an excellent outing winning 5 of the 6 matches losing to KZN Coastal on the D/L Method, the under 15 had a challenging week with 2 win of 5 matches, the players had a good experience, testing their skills against the best in the country at school level cricket, learned a lot on the fields, made friend and memories off the fields that will last a life time.

The 2019 U15 & U17 PPP identification process has been concluded. It was a great exercise where all relevant stakeholders were involved. This made the identification process smooth, transparent and convenient.

We wish these boys the best in the future as they start the process again in the 2019 school calendar, hard work and determination. We looking forward to seeing these young stars doing great things on the various cricket fields as they showcase their talents.

**WISHING EVERYONE A SUCCESSFUL YEAR AHEAD.**





## FRAMEWORK COACHING PROGRAM REPORTS cont...



**MARK CHARLTON – UNDER 19 BOYS & ACADEMY**

The U19 team practiced for a month and a half moving into the tournament. The practices took place in the evenings at SSP indoors and was skill specific, broken up into skill groups of 3 / 4 players, these happened 4 times a week during exams. Once exams were completed the team gathered as a unit and had net practices at Supersport Park and Irene Villagers, these practices again happened 4 times a week with friendly matches on the weekends.

Practices focussed specifically (Taylor made for the strengths/weaknesses of the group and conditions to be encountered)

- Fielding Basics(Needed)
- Game plans, implementation and skills against spin-Batters
- Seamer consistency
- Throwing basics and implementation (Needed)
- Seamer Gym and Conditioning and return to play protocols-Injuries
- Training Under Pressure-Game Specific

The team was very successful in the pre-tournament friendlies:

Results were extremely positive and gave the coaching staff valuable insights into the players.

The Coca Cola Kaya Majola week was successful in terms of a significant improvement of individual players results. The results of the team were passable but short of the results that we set for ourselves at Northern's cricket, we need to be playing in "Unofficial" finals.



### **MARTELIZE VAN DER MERWE: GIRLS CRICKET**

The girls had a very successful week, winning 5 from the 6 matches with 1 match abandoned due to rain. Batting all-rounder, Nadine de Klerk was selected into the SA Schools team as captain, along with fast bowler Eliz-Mari Marx. Wicket keeper/batsman, Tebogo Macheke was selected to represent the SA Fillies team. The week saw some outstanding performances from the following players:

1. Nomahlubi Makgato – finished with 13 wickets at a miserly economy rate of 3.2
2. Nadine De Klerk – finished the week with 10 wickets and a batting average of 58.3
3. Ricea Coetzer – finished the week with 8 wickets with a very low economy rate of 3.1
4. Khanyisile Skhosana – made a valuable contribution with a healthy batting average of 28,0

The 2019 PPP identification for Northern's Girls U19 has been completed and the intensive work has already started. It is encouraging that we have retained the majority of our players in the PPP squad from last year. This gives us a very good opportunity to work more with these players and there is continuity.





## NORTHERNS PPP IDENTIFIED SQUADS 2019

### NORTHERNS U13 PPP SQUAD 2019

1.	Tshoagong Amogelang	Cornwall Hill College Preparatory
2.	Lethabo Kunene	Atteridgeville HUB
3.	Adam Cannata	Cornwall Hill College Preparatory
4.	Steve Stolk	Lynwood Laerskool
5.	Lethabo Phahlamohlaka	Prestige College
6.	Letlotlo Boago Kitso Mothlabedi	Waterkloof House Primary School
7.	Ivan Lehlogonolo Ramushu	Menlo Park Laerskool
8.	Aiden van der Westhuizen	Waterkloof House Primary School
9.	Mohamed Borabat	Laudium HUB
10.	Tshepang Laka	Atteridgeville HUB
11.	Jacques Janse Van Vuuren	Constatiapark Laerskool
12.	Beukes Petrus Van den Berg	Midstream College Primary
13.	Janco Purchase	Lynwood Laerskool
14.	Wian Wikus Rutthven	Lynwood Laerskool
15.	Tommy Swanepoel	Lynwood Laerskool
16.	Ofenste Mothoa	Prestige College
17.	Ditebogo Chauke	Prestige College

### NORTHERNS U15 PPP SQUAD 2019

1.	Dennis McDonald	Menlopark Hoer
2.	Hannu vd Merwe	Pretoria Boys High School
3.	Morati Lefhiedi	Prestige College/Atteridgeville
4.	Jacques Erasmus	Afrikaans Hoer Seunskool
5.	Bokang Moche	St Albans College
6.	Brett McLachlin	St Albans College
7.	Cale White	Midstream College
8.	Lethabo Masombuka	St Albans College
9.	Matt Mescht	Afrikaans Hoer Seunskool
10.	Sifiso Maseko	Prestige College/Mamelodi
11.	Divan Engelbrecht	Waterkloof
12.	Steven Maluleka	Curro Rodeplaat/hammanskraal
13.	Thabang Kekana	Prestige College/Hammanskraal
14.	Essau Mateo	Cornwall Hill College
15.	Mohammed Aslam	Garsfontein
16.	Modise Makola	Prestige College/Hammanskraal
17.	Oketswe Dumisani Motswene	Garsfontein/Soshanguve
18.	Dillon Bester	Afrikaans Hoer Seunskool
19.	Hennu Harding	Afrikaans Hoer Seunskool
20.	Henco Maritz	Waterkloof

### NORTHERNS U17 PPP SQUAD 2019

Lungelo Khoba	Cornwall Hill College/Soshanguve	Kurula Khumbuzza	Curro Rodeplaat/Soshanguve
SW Kemp	Waterkloof	Chearn Manus	Pretoria Boys
Tim Ferguson	Pretoria Boys High School	Christiaan Daniels	Menlopark Hoer
Ralff Schmidt	Garsfontein Hoer	Valentine Kitime	Cornwall Hill College
Nathan Meyer	Pretoria Boys High School	Jordan Proudfort	st Albans College
Gontse Phuthi	Prestige College/Hammanskraal	Jaco Beneke	Afrikaans Hoer Seunskool
Tumelo Khabele	Cornwall Hill College	Sipho Moila	Mamelodi/Mamelodi
Ngwako Bopape	J Kekana High School/Mamelodi	Schalk Engelbrecht	Afrikaans Hoer Seunskool
Jabulani Nkosi	Cornwall Hill College/Atteridgeville	Arnaud Du Plessis	st Albans College
Dewald Brevis	Afrikaans Hoer Seunskool	Marcel Myburgh	Waterkloof

### NORTHERNS U19 GIRLS PPP SQUAD 2019

1.	Courtney Budhoo	Hoërskool Uitsig
2.	Monalisa Legodi	Echibini Secodar School
3.	Peggy Mahlangu	Hammanskraal Sec School
4.	Nomahlubi Makgato	Kgomotso High School
5.	Eliz-Mari Marx	Zwartkop Hoërskool
6.	Kgalalelo Matsepe	Ribane-Laka Secondary
7.	Amogelang Mhapangula	Boitshapo Catholic School
8.	MariaMsiza	Hammanskraal SecSchool
9.	Amoné Muller	Hoërskool Menlopark
10.	Lehlogonolo Ntuli	Gatang Secondary
11.	Danelle Oberholtzer	Afrikaanse Meisies Hoërskool
12.	Tshepang Pete	Phateng High School
13.	Natasha Peters	Cornwall Hill College
14.	Keletso Semosa	Semphato Secondary School
15.	Thandi Shoko	Hosea Kekana Sec School
16.	Khanyisile Skhosana	Phateng High School
17.	Alexis JadeTerblanche	Cornwall Hill College
18.	Tiani van den Heuvel	Hoërskool Oos Moot
19.	Corlia Walker	Wonderboom Hoërskool
20.	Aimee Perfect	Pretoria Girls High School

### NORTHERNS U19 BOYS PPP SQUAD 2019

1.	Tristan Janse van Rensburg	Menlopark
2.	Wisani Mushwana	Pretoria Boys High School
3.	Hardus Coetzeer	Waterkloof
4.	Dihan Bekker	Afrikaanse Hoër Seunskool
5.	Zeeshan Ismail	Pretoria Boys High School
6.	Kagiso Ngwenya	Prestige College
7.	Om Thakkar	Laudium Sec. Schol
8.	Thabang Baloyi	Prestige College
9.	Wald Truter	Pretoria Boys High School
10.	Hanu Viljoen	Pretoria Boys High School
11.	Merrick Brett	Midstream College
12.	Thabiso Motubatsi	Mamelodi Sec. School
13.	Simeon De Bruyn	Waterkloof
14.	Christiaan Oberholzer	Hoërskool Garsfontein
15.	Prince Trotter	Cornwall Hill
16.	Jordan Hermann	Waterkloof
17.	Jordan Neil	Cornwall Hill
18.	Ruben Van Niekerk	Hoërskool Garsfontein
19.	Janco Smit	Afrikaanse Hoër Seunskool
20.	Ryan Soloman	Centurion



## 7 KEY FACTORS FOR DEVELOPING FAST BOWLERS

By Adrian Le Roux



Most people will not give you a direct answer when you ask what makes a successful fast bowler. However, they all focus on outcomes ... and successful outcomes were likely heavily driven by a collection of processes. So with that in mind here is 7 factors that will help you develop as a fast bowler.

### 1. Keep an Open Mind

The bowler has to be willing to try new things, a new approach. If plan A doesn't work move to plan B. What works initially will take you to a certain level but what takes you to the next level will most of the times not be the same. You the bowler along with the coach will have to 'buy-in' – a full buy in into a new approach to ensure steady progression.

### 2. Planning

Identify a window in your training year where the largest improvements can be made. Periodization is an important component and with the correct planning within a structured program progress is inevitable. Do what you need to do before you do what you want to do

### 3. Attention to detail

Execute the program, ensure quality time and train with purpose. Stay away from mindless routines. Ensure a good and safe training technique in the weight room but also in the nets. Bowl with a purpose, bowl with intent. Do not get distracted when you train.

### 4. Diligence

Put in the time and work hard. Mediocre efforts will not bring you anywhere. Put in the effort to create the consistency needed. Find individual exercises and training sessions that work for you. Maybe add a competition element in your session to ensure that you work towards a bigger goal and with the right intensity.

### 5. Workload Monitoring

By monitoring what you do in preparation (chronic workload) in comparison to what you do in a competitive week (acute workload) is critically important in the management and self-management of you the athlete. Ensure adequate workload both in bowling and strength & conditioning activities to develop a protective element against injury. High workload or inadequate workload can both hurt you. The relationship between workload and injury is far from straight forward and will differ from individual to individual. Give yourself the best chance. Read, learn and understand workload management.



### 6. Continuity

With more and more demanding schedules it is a challenge to have continuity in your training program. It results in a great deal of fluctuation throughout the competitive year. Limit periods where there is a large volume of training followed by very little or nothing. Aim for consistency. Together with point number 2 that focuses on a sound periodization plan consistency in training are essential to optimize the development of the athlete.

### 7. Environment

From personal experience I cannot stress this enough. The facility that you train in and the training staff that assists you must automatically encourage you to want to get better. When you walk into a facility you must feel like you belong and that you are going to go from average to good to great. The correct training environment will make steps 1 – 6 so much easier.



## TRIBUTE TO THE LEGEND – ALBIE MORKEL

**Cricket South Africa** @OfficialCSA

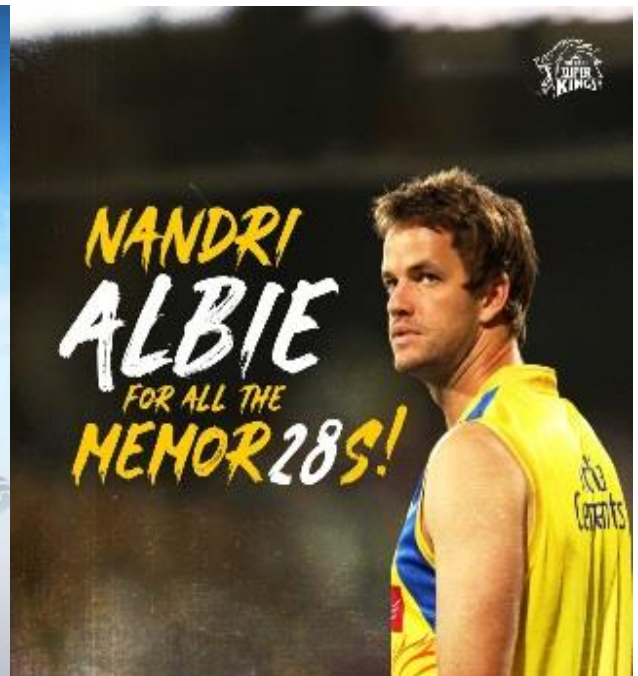
Follow

Congratulations [@albiemorkel](#) on your retirement. Wishing you all the best for the future. Thank you for the many years you have given to our beautiful game.



**Suresh Raina** @ImRaina · 17h

It was a pleasure playing with you in #CSK & sharing the dressing room buddy [@albiemorkel](#), wish you lots of success on your new journey. 🙌🙌🙌



**Chennai Super Kings** @ChennaiIPL · 13h

#Yellove Thanks! Your contributions with the last over smashes and the early wickets will All-Be Missed! #Endrum28 #WhistlePodu 🙌👑



**Chris Morris** @Tipo\_Morris · 16h

Sad day in my career! [@albiemorkel](#) thank you for everything you've done not just for me personally but for [@Titans\\_Cricket](#) on and off the field! Change room won't be the same. You are a LEGEND!

### IF YOU REMEMBER THIS OVER FROM VIRAT KOHLI



THEN, NOT YOU, ALBIE MORKEL IS AWESOME



**Robert Walter** @RobWalter17 · 14h

Replying to [@albiemorkel](#) [@Titans\\_Cricket](#) [@OfficialCSA](#)

Was a pleasure and a privilege to work along side you. Was particularly proud of your success over the last 6 years for [@Titans\\_Cricket](#). Being celebrated as one of the most successful Titans skippers of all time is the very least you deserve! Wonderful team man even better friend!





## DIFFERENTLY ABLED CRICKET CLUB



With the season almost done and dusted we as DACC had our fair share of up's and down's again during the past few months.

We also had the Blind Team (DA 3) in the NCU League, finishing second behind league winners TUT 6 for the first half of the season. Unfortunately most of their games was won due to forfeits from other teams, but this did not hamper their spirits. The games they did play they won with good contest against the other teams.

Funding is still one of our biggest hurdles, but we have been hard at work to get more people and companies involved with the club, even volunteers have been drafted for the club to assist us. That said we also achieved quite a lot and below just some players that needs mentioning, showing that if you put in the hard work you will plough the rewards:

**Andre Barnard (Intellectually Impaired)** – an 18 year old who is playing in his second season. Andre has come on leaps and bounds since joining the club. Looking back when he first started he was afraid of the ball when batting and threw instead of bowling. With dedication and the willingness to learn he has become a real all-rounder for the future. Aggressive batting with a medium to slow bowler constantly on the mark. An exciting player that we look forward to see what he does next season not to mention the fact that he travels 50km with his cycle to practise every week.

**Zaine Esterhuizen (Physically Impaired)** – a 13 year old who is playing in his first season. We've dubbed him mini Heinrich, both players have the exact impairment. This boy is truly unique, he is the inspiration for the entire team when they are on the field. Not quite for one moment he keeps everyone alive and ensures the team spirit stays on a high. He is the live of the party so to say, but he will develop into a respectable young cricket going forward. Still hard work ahead getting him to become a force to be reckon with.

**Jan Labuschagne (Physically Impaired)** – a 35 year old who is playing in his first season. Jan who is the first amputee player of the club is truly a talented player. Although a bit more seasoned than the others Jan is a leader in all aspects. He motivates the players on and off the field, and leads by example; being the Bowler and the Batsman of the Year for DA 2 this season. What a way to make your debut for a club, looking forward to more runs and wickets in the 2019/2020 season.

Considering that the club participate in the lower leagues (4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> league) we still want to be competitive and will be changing our strategy for the 2019/2020 season. Overall cricket is still alive within NCU and new guidelines as per CSA's 3 year plan is going to be quite interesting to see how that develops.

We continue to have our own challenges for the next couple of months before the new season starts but feel confident that we will achieve our goals. We have the players and skills to be competitive, looking forward to the next chapter of the club's history as we build on our future players.

Differently Abled Cricket Greetings





Curtley Roberts  
Head of Coaching DACC

Christo Pelzer  
Chairman DACC

**We are NOT Disabled, We ARE Differently Abled**



**A Cricket Club with a Difference, Making a Difference**

Contact Details: [admin@dacc.co.za](mailto:admin@dacc.co.za) [www.dacc.co.za](http://www.dacc.co.za)    



## Club Cricket



As we approach the end of the 2018/19 season, the NCU Premier League splits into two groups, Top 6/Bottom 6. The top six will compete to win the 2018/19 Premier League and the winner will represent Northern's Cricket Union at the Titans Momentum National Club Championships play-off on the 23rd March 2019. The log standings below are as at 18 Feb 19

### PREMIER LEAGUE LOGS

TEAM	P	W	L	TIE	N/R	MP	BP	PTS	NRR
ASSUPOL TUKS 1	11	8	1	0	2	36	8	44	4,69
ASSUPOL TUKS 2	11	8	1	0	2	36	5	41	1,14
PHSOB 1	11	6	3	0	2	28	6	34	1,90
CBCOB 1	11	6	2	0	3	30	3	33	1,08
IRENE VILLAGERS 1	11	5	2	0	4	28	4	32	1,22
TUT 1	11	4	4	0	4	24	1	25	-0,27
HARLEQUINS 1	11	4	5	0	2	20	3	23	-0,33
SINOVILLE 1	11	3	6	0	2	16	1	17	-1,54
POLICE1	11	2	5	0	3	14	2	16	3,60
LAUDIUM 1	11	2	6	0	3	14	2	16	-0,90
PRETORIA 1	11	2	7	0	2	12	2	14	-2,06
SOSHANGUVE 1	11	0	8	0	3	6	0	6	-3,78

### PROMOTION LEAGUE LOGS

TEAM	P	W	L	TIE	N/R	MP	BP	PTS	NRR
ADELAAR 1	10	7	2	0	1	38	5	43	2,35
EERSTERUST 1	10	6	2	0	2	36	5	41	1,29
MOOT 1	10	4	4	0	2	26	6	32	2,03
CENTURION KAVALIERS 1	10	3	4	0	3	24	5	29	0,27
HAMMANSKRAAL 1	10	4	4	0	2	26	1	27	-0,89
MAMELODI 1	10	3	5	0	2	21	4	25	-0,73
ATTERIDGEVILLE 1	10	3	6	0	1	18	3	21	-1,97
BRITS 1	10	3	6	0	1	18	2	20	-1,67

### PREMIER LEAGUE TOP 10 BATTING STATISTICS

Name	Team	M	I	R	B	4s	6s	HS	Avg	S/R	100	50
van Heerden, Francois	Assupol Tuks 2	9	9	652	616	99	4	181	72,4	106	3	3
Britz, Christopher	Assupol Tuks 2	9	9	549	616	43	13	145*	91,5	89	2	3
Rossouw, Danie	CBCOB 1	8	8	450	510	37	8	107*	113	88	2	2
Verster, Zendon	Irene Villagers 1	8	7	436	399	46	11	106*	72,7	109	1	4
van der Dussen, Nico	PHSOB 1	9	9	412	345	50	23	122*	51,5	119	1	3
Venter, Xander	Harlequins CC	7	7	331	376	38	4	129*	55,2	88	1	1
Ferreira, Donovan	Assupol Tuks 2	8	7	324	220	22	20	85	46,3	147	0	3
Smit, Abrie	PHSOB 1	7	7	315	376	31	0	86	63	84	0	3
Porter, Jacques	Irene Villagers 1	7	7	314	434	38	2	113	44,9	72	1	1



## Club Cricket...continued



### PREMIER LEAGUE TOP 10 BOWLING STATISTICS

Name	Team	G	I	O	M	R	W	BB	Ec	S/R	Avg
Ralston, Chris	PHSOB 1	8	8	75	15	280	20	5/23	3,73	22,5	14
Buffel, Olebogeng	Assupol Tuks	10	10	85,2	13	253	18	5/9	2,96	28,4	14,1
Carlse, Bevan	PHSOB 1	7	7	58,4	6	223	16	5/19	3,80	22	13,9
Tsetsewa, Itumeleng	Soshanguve CC 1st	5	5	49	5	301	15	4/55	6,14	19,6	20,1
Van Zyl, Nico	Assupol Tuks 2	8	8	45,2	8	138	15	5/15	3,04	18,1	9,2
de Klerk, Reinart	Pretoria	9	9	42,3	1	222	14	5/46	5,22	18,2	15,9
Akthar, Zaib	Police 1	6	6	39,1	7	141	13	6/17	3,60	18,1	10,8
Forrester, Dian	Assupol Tuks 2	10	9	59	13	206	13	4/58	3,49	27,2	15,8
Safdar, Zakar	Police 1	8	8	51	6	220	13	3/22	4,31	23,5	16,9
Venter, Hertzog	Harlequins CC 1st	8	8	64	9	321	13	3/9	5,02	29,5	24,7

### PROMOTION LEAGUE TOP 10 BATTING STATISTICS

Name	Team	G	I	R	B	4s	6s	HS	Avg	S/R	100	50
Barendrecht, Marnes	Adelaar CC 1st	8	7	430	348	43	22	163	61,4	124	1	3
Seroot, Jason	Eersterust CC 1st	8	8	327	290	33	9	132*	65,4	113	1	2
Wessels, Gerhard	Centurion Cavaliers CC	7	6	313	294	36	5	112	52,2	106	1	2
Pretorius, Casha	Brits CC 1st	6	6	297	267	32	13	90	49,5	111	0	3
Krugel, Armand	Moot CC 1st	7	6	292	181	23	22	87	58,4	161	0	3
Barendrecht, Luan	Adelaar CC 1st	8	8	271	274	19	7	105*	54,2	99	1	1
Louw, Ruve	Centurion Cavaliers CC	6	6	254	270	33	1	96	42,3	94	0	1
Captain, Shylock	Atteridgeville CC 1st	8	8	230	265	27	3	56	28,8	87	0	2
Motubatsi, Thabiso	Mamelodi 1	7	7	222	220	24	8	78	37	101	0	2
Mount, Marlon	Eersterust CC 1st	9	9	209	266	22	1	75	23,2	79	0	1

### PROMOTION LEAGUE TOP 10 BOWLING STATISTICS

Name	Team	G	I	O	M	R	W	BB	Ec	S/R	Avg
Cloete, Uzane	Eersterust CC 1st	8	8	55,2	7	211	16	5/1	3,81	20,8	13,2
Lebeloane, Tumisho	Mamelodi 1	7	7	36,2	1	222	15	5/33	6,11	14,5	14,8
Barendrecht, Marnes	Adelaar CC 1st	8	8	53	9	198	15	3/17	3,74	21,2	13,2
Methula, Freddy	Atteridgeville CC 1st	8	8	51,3	5	243	14	3/31	4,72	22,1	17,4
Barkhuizen, Johan	Adelaar CC 1st	9	9	46	9	174	14	3/33	3,78	19,7	12,4
Wilson, Justin	Adelaar CC 1st	9	9	57,4	7	240	13	3/23	4,16	26,6	18,5
Makwela, Koketso	Hammanskraal CC 1st	6	6	45,5	2	201	13	4/47	4,39	21,2	15,5
Malo, Peter-John	Eersterust CC 1st	7	7	52,2	3	238	11	3/9	4,55	28,5	21,6
Chivoga, Blessmore	Moot CC 1st	7	7	43,3	2	215	11	4/28	4,94	23,7	19,5
Malo, Pienardo	Eersterust CC 1st	7	7	45,4	1	213	11	3/47	4,66	24,9	19,4





## NORTHERNS SENIOR PROVINCIAL TEAM

It has been a very eventful period since the last newsletter. We have played a total of 6 matches of which 1 was lost (3-day match vs Easterns), 1 was drawn (3-day match vs North West) and 4 were won. We are currently sitting at the top of both the 3-day and 1-day logs in our pool and we are in a good position to play in both finals in April. The individual performances are too numerous to mention but suffice to say our players are flying the Daisy flag high and playing some very exciting cricket.

Congratulations to Luvuyo Nkese, Gregory Mahlokwana, Wandile Makwetu and Leus du Plooy for their selection to the SA Invitation XI that will play a 1-day fixture against the touring Sri Lankan team on the 28th February 2019. We are very proud of their selection and we wish them all the best. A special mention must also go to coach JP Triegaardt who will also be involved in the management of the team



We have 4 regular season fixtures remaining which are against and we looking to finish the season strong. Out of the four games we have two home games and they both going to be played at Tshwane University of Technology.

We are looking forward to ending the season off with a bang and hopefully with two trophies. Most importantly, we want to keep playing the type of cricket which will make our union proud.



## “THE COACHES QUICKIE” -EARNING TRUST-



Trust and belief do not come with that title of you as COACH. They are earned by a Coach through time. Coaches take a different approach to the first round of communication with the team members.

Instead of coming in and trying to impress the team with your vision and expectations, the suggestion would be to start by thanking the players for participating, expressing how grateful you are to be a part of the team, and then spend the rest of the time letting the players talk.

The players will feel like they play a part in the creation team culture and environment. They will feel valued and see their contribution to the discussion matters. Coaches think the most important thing in a meeting is to tell the players what they need to know. Yes, there is a time for that, but coaches need to give space for their players to share. There is wisdom to be learned from a Coach, and just as much from the players.

If we want our players to listen, we should model that behavior and this does not mean they run the show. Coaches and players may have an equal amount to learn from each other, but the coach has the edge with life experience and emotional maturity, so coaches still get the final say.

**Successful coaches are visionaries. They have a picture of success set in their minds!**

**-Gavin McGinnis-**



## THE ART OF BATSMANSHIP

By Chris Rodgers



### Foundations of success

Talent identification has changed. In this day and age we look more at guys who can *hit* the ball; we want guys who can come out and play shots and put pressure back on the bowler. So that's what we're trying to encourage as coaches. We're teaching people how to score runs by giving them as much ammunition as possible. Then, if they've got that ability to play all the shots, it's about how you shape that. How do you teach them batsmanship? How can they occupy the crease long enough while still being positive and being able to play shots? The best batsmen in the world are like golfers; they know how the ball is coming off the bat, whether they're playing with a *draw* or a *cut*. They can manipulate the ball

### Facing the new ball

A good bowler will pitch up 80 per cent of their deliveries, trying to hit the top of off-stump, so my big belief as an opening batsman is that you have to own the area in front of your front pad. I hear a lot of people come off after getting out saying, 'I got a good ball, that was too good'. I don't believe in that. There's always something you can do to keep good balls out.



When there is swing or seam your best chance is if you work in straight lines. Make sure you're not cutting across the ball. Imagine a line from middle stump back to where the bowler lets the ball go and try and get everything to go as much along that line as possible: your feet, your shoulders, your hands, your bat. If you have everything going towards your target you give yourself the best possible chance.

### Working backwards

Probably the best piece of batting advice I ever received was from Lance Klusener, whom I played with at Northamptonshire. He set up with quite a wide stance, with his foot pointing down the wicket. I asked him why he did that. He said, 'Buck, where do you want to end up when you play your front-foot shots?'. I said, 'Probably in a similar position to what you're in now'. And he said, 'Why don't you try and start there, as close to that position as you can?'. He knew where he wanted to end up and was working backwards.

There's always something you can do to keep good balls out. That was an interesting one for me and that's probably why I ended up standing the way I did. Particularly as an opener, when the ball is coming down so quickly, you don't have a lot of time to react. You only want small movements, so you almost have to get yourself into a position where even if you don't move much, you're still in a pretty good position.

### Get busy

I had a pretty good strike-rate, I think it was over 50 in Test cricket, but for me it wasn't about hitting boundaries, it was about trying to score off as many balls as possible. That's what I think being *busy* is all about. I don't have a lot of time for blokes who are a bit robotic and go block, block, block, four, block, block, four. How can you score two, one, dot, three, two, one etc? Then the boundaries will come naturally. That's batsmanship.



### The art of manipulation

The best batsmen in the world are a bit like golfers; they know how the ball is coming off the bat, whether they're playing with a *draw* or a *cut*. They can manipulate the ball. They get across to the off-side and play a little bit of a draw into the leg-side or stay a little bit leg-side of it and open the face and just knock it into the off-side. I'm always interested in whether young batsmen understand that kind of philosophy or whether they only hit the ball one way. A lot of kids these days just slice everything. But if you can manipulate the ball then you'll be able to get off strike a lot easier and take the pressure off yourself.

### Enjoy the ride

The best players are always tinkering. My motto for a lot of my career has been 'one step back to go two steps forward' and I heard Roger Federer say that the other day so that was a pretty good reinforcement for me.





## IDEAS ABOUT WINNING COACHES

By Coaches Network

**THE DOUBLE WIN:** Winning Coaches employ the DOUBLE WIN PHILOSOPHY which states that: Winning on the bottom line (wins and losses, profits, etc.) comes only as a direct result of winning on the top line (Investing in the academic, personal, and athletic development of the total athlete).

**2.CONTRIBUTION:** Winning Coaches develop systems that support a basic human need: the need to make a positive contribution. The greatest, but most difficult contribution, is allowing others to contribute to us. Winning Coaches remain open toward allowing others to contribute to them.

**3.THE POSITIVE LEARNING CYCLE:** Winning Coaches use a method of teaching in which there is no such thing as failure. The only source of competition for the athlete is with themselves in striving to reach their own greatest potential. Winning Coaches create an environment where setbacks and breakdowns are regarded as opportunities for learning, rather than failures.



**4.THE STEPPING STONE METHOD:** Winning Coaches employ the STEPPING STONE METHOD of steady improvement. This method involves building one small success after another, reaching towards the final or highest goal. The strategy of the coach is to progressively teach only those skills that are needed to empower the athlete to climb to the next level.

**5.RESPONSIBLE FREEDOM:** Winning Coaches develop an environment of responsible freedom where mutual trust, relatedness, and open communication are encouraged and acknowledged. Within the limits and guidelines of responsible behavior, an environment of safety is developed that encourages openness and honesty between the coach and players.

**6.A BALANCE OF EXTREMES:** Winning Coaches have learned to be both highly directive and highly supportive in their relationships with their players. They develop a supportive environment for constructive risk-taking and growth, and yet instill a demand for perfection that is unyielding.



**7.INTEGRITY:** Winning Coaches act as models and not critics. They foster a mutual commitment to Integrity through (1) actions and behaviors that are in alignment with personal values, (2), upholding all promises and agreements, and (3) through demonstrating their loyalty and commitment to their players. Through their personal integrity and commitment to their players, Winning Coaches earn the highest sense of integrity, commitment and loyalty in return.

**8.OPENNESS:** Winning Coaches fight to remain open. They resist the most common human tendency; THE NEED TO BE RIGHT, which inadvertently makes others wrong. Winning coaches take the path not taken; which is to remain open to innovation and new learning, as well as permitting themselves to be supported and directed by others.





## NEWS FROM THE SCORERS BOX

By Hennie Erasmus



During December break we had number of scorer who represented Northern Cricket union in Benoni for the CSA U/13 Standard Bank and the U/19 Coca Cola khaya Majola in Cape Town. We proud to say we received positive feedback from the hosting association.

Once again, we were privileged to get an opportunity to host the boxing day Test match between Standard Bank Proteas and Pakistan which ended in a good win for the Proteas. We had the opportunity to score ODI on the 25th January and double header T20 International matches on the 6th February between the South African and Sri Lanka women's teams and thereafter the men's team Standard bank Proteas and Pakistan.



Striving to be one of the best Scorers Association in the country, we conduct refresher courses for our members on a monthly bases to ensure that they are well informed of changes that happens in this beautiful game and have the better understanding of cricket laws.

Our next level D scoring course will take place on Saturday 2nd March from 9:00 -16:00 and exam will be written on Friday 8th March from 17:30 – 20:00 at SuperSport Park. For more info on training and scoring courses please contact our Cricket South Africa accredited trainer, Kathy Kulper on [Kathy.Kulper@sutherlandhs.co.za](mailto:Kathy.Kulper@sutherlandhs.co.za)

We are looking forward to the last few weeks of Club Cricket and we would like to wish all the teams in the Premier League Top 6 all the best. May the best team win!



## NEWS FROM THE UMPIRES DESK

By Nic Pretorius



The Umpires association has scheduled the course in the coming month and this is part of broadening the base and enhance the skills of the existing umpires. Should you need any further information, please contact [nqua.trainers@gmail.com](mailto:nqua.trainers@gmail.com)

### THE COURSE DATES ARE AS FOLLOWS:

Umpires course - 28 February; 1, 6, 8 & 13 March 2018

SuperSport Park Forum from 18:00-21:00

Fee of R450 payable on the first night of the course or via EFT

*(Includes Law book and training form experienced, and senior umpires contracted by CSA)*

### Vision – Northern Cricket Umpires Association

To manage a well-motivated group of Umpires representing our community of which a significant proportion will graduate to become well equipped umpires, remain within the structure and service the game of cricket at all levels.

### Mission – Northern Cricket Umpires Association

To employ a well-integrated system to maintain a sufficient number of umpires with the necessary knowledge and skills as well as experience, to provide a service primarily to the leagues we represent, but also to national and international levels of the game and to bring umpiring to all previous disadvantaged peoples in an endeavour to obtain their membership and enthusiasm.





## THE ACHIEVERS PAGE



Congratulations to Wandile Makwetu on receiving his first-class cap.  
#SkyBlues #WhatMakesUsTitans



Lauren Agenbag became the first South African women's umpire to stand in a T20I.



Reyncke Shaik received his player of the day award at CCKM



Dian Forrester received his Man Of The Match Award at CCKM.



Ludwig Kaester with player of the day award at CCKM



Dewald Brevis with his man of the match accolade for scoring 101\* at U15 Week



Johan Bekker with his man of the match award at the U15 Week



Christiaan Obelholzer with his man of the match award at the U17 Week.



Nadine De Klerk with her brilliant batting performance accolade 82 from 78 balls



Nomahlubi Makgato with her brilliant bowling performance accolade 4-3-2-4



Teboho Macheke Danelle Obelholzer with their U19 Girls performance accolades



Itumeleng Moseki received his debut First Class cap for Northerns .



LNadide De klerk (SA Schools Capt) Teboho Macheke (SA Fillies) & Eliz-Mari Marx (SA School)



## THE ICC CRICKET WORLD CUP 2019



FIXTURES FOR PROTEAS



Date	Match	Venue	Timing
May 30, 2019	England  vs South Africa 	The Oval, London	Day
June 2, 2019	South Africa  vs Bangladesh 	The Oval, London	Day
June 5, 2019	South Africa  vs India 	Hampshire Bowl, Southampton	Day
June 10, 2019	South Africa  vs West Indies 	Hampshire Bowl, Southampton	Day
June 15, 2019	South Africa  vs Afghanistan 	Cardiff Wales Stadium, Cardiff	Day/ Night
June 19, 2019	New Zealand  vs South Africa 	Edgbaston, Birmingham	Day
June 23, 2019	Pakistan  vs South Africa 	Lord's, London	Day
June 28, 2019	Sri Lanka  vs South Africa 	The Riverside, Chester-le-Street	Day
July 6, 2019	Australia  vs South Africa 	Old Trafford, Manchester	Day/ Night
July 9, 2019	First Semi-Final (1 v 4)	Old Trafford, Manchester	Day
July 10, 2019	Reserve day	Old Trafford, Manchester	
July 11, 2019	Second Semi-Final (2 v 3)	Edgbaston, Birmingham	Day
July 12, 2019	Reserve day	Edgbaston, Birmingham	
July 14, 2019	Final	Lord's, London	Day
July 15, 2019	Reserve day	Lord's, London	





## THE BACKPAGE PACKAGE

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# MOMENTUM ONE DAY CUP

### MULTIPLY TITANS REMAINING FIXTURES:

Fri 01 Mar D/N 13:30	WSB Cape Cobras vs Multiply Titans - PPC Newlands	
Sun 03 Mar Day 10:00	Warriors VS Multiply Titans - St George's Cricket Ground	
Wed 13 Mar D/N 13:30	Multiply Titans VS WSB Cape Cobras - SuperSport Park	
Fri 15 Mar D/N 13:30	Hollywoodbets Dolphins VS Multiply Titans - Kingsmead	
Thu 21 Mar Day 10:00	Multiply Titans VS bizhub Highveld Lions- Willowmoore Park	
Sat 23 Mar D/N 13:30	VKB Knights VS Multiply Titans - Mangaung Oval	
Wed 27 Mar D/N 13:30	1st Semi-Final	T. B. C
Thu 28 Mar D/N 13:30	2nd Semi-Final	T. B. C
Sun Mar 31 Day 10:00	Final	T. B. C



# EVERY REBEL HAS A SWEET SPOT!

## FAF SMASHING IT IN PINK.

LIMITED ENIGMA PINK RANGE  
IN STORE FROM FEBRUARY 2019



HEINRICH KLAASEN

# TEAM - ixu

#IXUSPORT  
#CHALLENGEACCEPTED